

# SUSTAINABLE BAGGED LUNCHES

## SHOPPING LIST:

- Brown paper lunch bags
- Small bottles of water
- Granola Bar/Protein bar/cereal bar
- Bag of snack food (such as pretzels, goldfish, crackers, cookies)
- Ready made tuna salad packets such as Bumble Bee Snack on the Run

## DIRECTIONS:

- ✓ Might be easiest to make in batches of 24. One item of each on the above list goes in the bag.
- ✓ Ideally, we would like to hand out 65 each week if possible.
- ✓ Families and children can always decorate the brown bags if they like with something bright and cheerful.
- ✓ Just fold the bag over when completed.
- ✓ Bags can be dropped off at Chatham UMC.

Email [chatumc@optonline.net](mailto:chatumc@optonline.net) for more information.

# PICTURES OF SUGGESTED ITEMS:



Variety Pack  
24 Bars



## Examples of completed bags below:

